

**TRAVEL INFORMATION
CSF Voyages internationaux 2018**

Destination: Guatemala, March 11-23, 2017 and March 12-24, 2017

Trip itinerary: Guatemala City, Panajachel, Lake Atitlan, Quetzaltenango, Laguna Chicabal, Chichicastenango, Santa Catarina Ixtahuacan, Antigua

Vaccination information:

In consultation with your group leader and based on the above itinerary the following would be recommended:

- ✓ Tetanus/Diphtheria/Pertussis (generally received in Grade 9). Update every 10 years.
- ✓ MMR. All persons born after 1970 should have record of having 2 doses.
- ✓ Hepatitis A (spread through contaminated food and water sources).
- ✓ Typhoid (for those with adventuresome dietary habits or risk-adverse travelers).
- ✓ Prescription for an antibiotic to treat traveler's diarrhea.

Optional:

- ✓ Hepatitis B (optional). Most students will have received the series in Grade 6.
- ✓ Dukoral (an oral diarrhea prevention vaccine taken before departure).
- ✓ Influenza (risk exists from January through August)
- ✓ Menactra – A meningitis vaccine (A-C-Y-W135 strains) is recommended for ages 12-24 regardless of travel. Read more: <http://travelclinic.vch.ca/menivac/>

A doctor trained in Travel Medicine will provide prescriptions, health advice and vaccine recommendations tailored to the individual's medical history and travel itinerary. Our nurses provide the vaccinations after the travel assessment is complete. This is highly recommended.

**Consult Fee: \$50 (for 1 person) & \$45 each (for 2 people) **Our clinic runs on a cost-recovery basis
Vaccine fees are separate. (Payment by Visa, MC, Debit or Cash)**

Though not recommended, nurse-only appointments are available if you only want to receive vaccines (3 max) and require no prescriptions. The nurse only provides the requested vaccine(s). Prescriptions and/or recommendations are not available through this type of appointment.

Admin Fee: \$20 // Vaccine fees are separate. (Payment by Visa, MC, Debit or Cash)

APPOINTMENT LINE: 604-736-9244

Our Vancouver location is open Monday - Friday, with occasional Saturdays available. A satellite clinic is offered in Richmond on Thursday evenings from 5:00 – 7:30 p.m.

Check our website for more information: <http://travelclinic.vch.ca/>

FOR SALE: Check out our Display Cabinet and website for all products available. Items include mosquito nets, repellants, water purification, S.O.S. kits, etc.